

PEHAL SANSTHA

THE HUNAR PROGRAMME

Creating with Hands. Expressing with Hearts. Building Brighter Futures.



Children of Pehal Sanstha present their handmade paintings to guests and mentors at the learning centre in Jaipur.

***Talent is everywhere.
Opportunity is not.***

Beyond Education, Towards Creative Transformation

Every child carries a world of imagination within them—a world filled with colours, ideas, stories, dreams and possibilities. Some children express themselves through words, some through movement, and others through a pencil, paintbrush, song, handmade creation or theatrical performance.

However, for many children from underserved communities, these abilities remain undiscovered. Limited resources, lack of exposure and the pressures of everyday life often leave little room for creativity, exploration and self-expression.

The Hunar Programme by Pehal Sanstha creates that much-needed space.

Through art and craft, drawing, painting, storytelling, public speaking, dance, cultural activities and personality-development sessions, the programme enables children to explore their interests, discover their abilities and express themselves with confidence.

At Hunar, a sheet of paper becomes a canvas for dreams, discarded material becomes a beautiful craft, a classroom becomes a stage, and every child becomes an artist, storyteller, performer and creator.

Because education should not only prepare children to earn a living—it should also give them the confidence, creativity and courage to build a meaningful life.

Art & Craft

Where Imagination Takes Shape



A Blackboard Becomes a Canvas

A young artist recreates Lord Ganesha entirely in chalk, working from imagination alone.

Art and craft are more than recreational activities. They are powerful tools through which children learn to observe, imagine, experiment and communicate.

For families struggling to meet essential needs, materials such as colours, drawing books, paints, brushes, craft paper, clay and decorative supplies may be considered unaffordable luxuries. As a result, many children grow up without opportunities to explore their creativity or experience the joy of making something with their own hands.

At Pehal Sanstha, we ensure that every child has access to materials, guidance and encouragement.

Children participate in activities such as:

- Drawing and colouring
- Painting and poster-making
- Paper folding and origami
- Clay modelling
- Best-out-of-waste creations
- Collage and paper craft
- Festival decorations
- Greeting-card making
- Mask and puppet-making
- Nature-inspired artwork
- Fabric and thread-based craft
- Theme-based creative projects

These activities encourage children to think independently and transform ordinary materials into meaningful creations.

A cardboard box may become a house. A paper plate may become a colourful animal. A fallen leaf may become part of a beautiful landscape. A simple drawing may express an emotion that a child cannot yet communicate through words.

Our educators guide children in understanding colours, shapes, patterns, textures, proportions and visual storytelling while allowing their imagination to remain free. There is no pressure to create a “perfect” artwork. Every effort is appreciated, every idea is respected, and every creation is celebrated.

Through art and craft, children learn that there can be many different ways to see, think and create.

Creative Expression

Giving Every Child a Language of Their Own

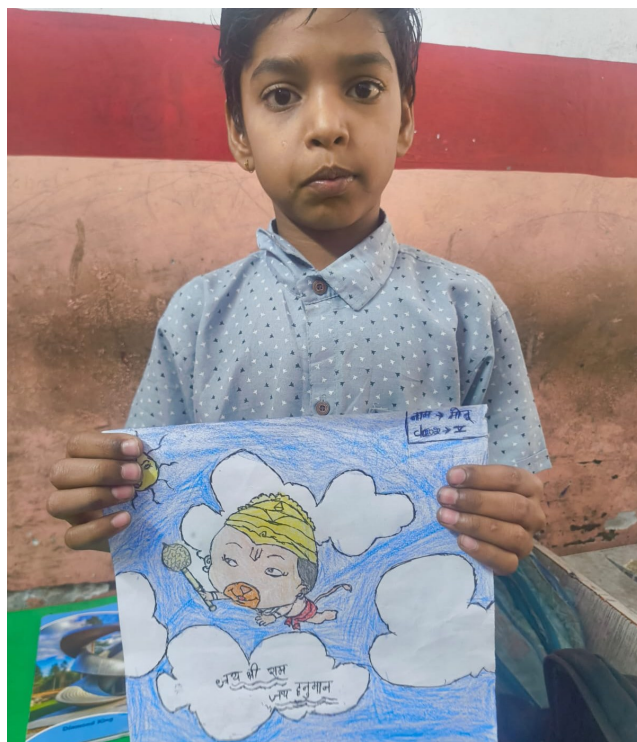
Children do not always have the words to explain their feelings, fears, hopes or dreams. Creative expression gives them another language.

Through free drawing, painting, storytelling and imaginative projects, children are encouraged to express what they see, feel and imagine. Their artwork often reflects their families, surroundings, festivals, friendships, ambitions and vision of a better future.



Caring for Our Planet

Anushka of Class V shares her Earth Day drawing — a smiling planet and a reminder to save water.



Devotion in Colour

A Class V student presents his drawing of Lord Hanuman, complete in every detail.

A child who is hesitant to speak may communicate confidently through colours. A child who struggles academically may discover that they can design, build and create. A child who once feared making mistakes may learn that experimentation is an essential part of creativity.

Creative activities also strengthen:

- Fine motor skills
- Hand-eye coordination
- Concentration and patience
- Observation and visual thinking
- Planning and problem-solving
- Emotional awareness
- Decision-making
- Confidence and independence

As children hold pencils and paintbrushes, cut and paste materials, fold paper, shape clay and complete detailed projects, they develop abilities that support handwriting, classroom learning and everyday tasks.

Most importantly, they begin to see themselves differently—not as children limited by their circumstances, but as capable creators whose ideas deserve recognition.

Best Out of Waste

Transforming Materials and Mindsets

One of the most meaningful elements of the Hunar Programme is teaching children to create beauty and usefulness from materials that are often discarded.

Through best-out-of-waste activities, children learn to transform newspapers, cartons, plastic bottles, fabric scraps, paper rolls, packaging materials and other reusable items into decorative and functional creations.

These activities nurture environmental responsibility while encouraging innovation and resourcefulness.

Children learn that creativity does not depend on expensive materials. It begins with imagination.

They understand that something considered ordinary or unwanted can be given a new purpose through thoughtful design and effort. This lesson extends far beyond craft—it teaches children to recognise possibilities where others may see limitations.

Public Speaking & Storytelling

Helping Children Find Their Voice

For many children, the greatest barrier is not a lack of ideas but the absence of opportunities to express them.

Children may hesitate to ask questions, share opinions or speak before others because they fear making mistakes or being judged. Over time, this hesitation can affect their confidence and participation.

At Pehal Sanstha, every child is encouraged to speak, share and be heard.

Through storytelling, poem recitation, debates, role plays, presentations, group discussions, show-and-tell activities and artwork explanations, children gradually learn to communicate their thoughts clearly and respectfully.

Creative projects become an important part of this journey. After completing an artwork or craft, children are invited to describe:

- What they created
- Why they selected a particular theme
- Which materials they used
- What their artwork represents
- What challenges they faced
- How they felt during the activity

These simple conversations strengthen vocabulary, presentation skills, eye contact, body language and confidence.

With encouragement and regular practice, children begin to recognise that their voice matters, their ideas have value and their stories deserve to be heard.

Dance, Music & Cultural Activities

Celebrating Movement, Tradition and Togetherness

Childhood should be filled with laughter, rhythm, celebration and joyful memories. Yet many children from economically weaker families receive limited opportunities to participate in dance, music, drama or cultural activities.

The Hunar Programme brings culture into the learning environment throughout the year.



Preparing for Janmashtami

Two students decorate the classroom blackboard with a chalk portrait of Bal Krishna and festive greetings for Janmashtami.

Children participate in:

- Folk and traditional dances
- Patriotic performances
- Songs and musical activities
- Street plays and theatrical presentations
- Festival celebrations
- Costume and prop-making
- Cultural art and decoration
- Community programmes
- Theme-based performances

Art and craft are thoughtfully integrated into cultural activities. Children help create masks, crowns, stage decorations, handmade props, posters, festive ornaments and costumes for their performances.

This gives them a sense of ownership and allows them to experience the complete creative process—from imagining an idea and designing its visual elements to finally presenting it before an audience.

Dance and cultural activities improve balance, rhythm, coordination and physical confidence. Group performances also teach discipline, cooperation, patience, responsibility and teamwork.

Children learn that a successful performance is not created by one person alone. It requires everyone to practise, support one another and work towards a shared goal.

Personality Development

Shaping Confident and Compassionate Individuals

Education is not limited to textbooks and examinations. It is also about developing character, confidence and the ability to participate meaningfully in society.

Personality development is woven into every aspect of the Hunar Programme.

When children work together on a craft project, they learn cooperation. When they explain their artwork, they develop communication skills. When they perform on stage, they overcome hesitation. When they help a classmate, they practise kindness and empathy. When they complete a detailed creation, they develop patience and discipline.



Drawn from the Heart

A senior student presents his portrait of a mother and child at a Pehal Sanstha celebration.

Through interactive discussions, role plays, creative projects, leadership opportunities and collaborative activities, children learn to:

- Communicate confidently
- Listen respectfully
- Work as a team
- Take responsibility
- Solve problems creatively
- Make thoughtful decisions
- Respect different viewpoints
- Express emotions appropriately
- Accept mistakes as part of learning
- Appreciate their own and others' abilities

Equal importance is given to honesty, gratitude, punctuality, empathy, kindness, discipline and respect.

Our teachers act as mentors who recognise small improvements, celebrate effort and guide children with patience. Every interaction becomes an opportunity to build character and self-belief.

Confidence-Building Workshops

From “I Cannot” to “Let Me Try”

Many children grow up believing that opportunities belong to someone else.

Through motivational sessions, creative challenges, group activities, leadership exercises and supportive mentorship, children are encouraged to recognise their strengths and attempt new experiences without fear of failure.

A child may initially hesitate to draw, speak, dance or participate. With encouragement, the same child gradually begins volunteering, experimenting and proudly presenting their work.

Each completed artwork, spoken sentence, stage performance and handmade creation becomes proof of their growing ability.

Confidence does not always begin with a major achievement. Sometimes, it begins when a child picks up a paintbrush and realises:

“I can create something of my own.”

Showcasing Talent Through Community Interaction

A Stage to Be Seen, Heard and Appreciated

One of the most beautiful transformations under the Hunar Programme occurs when children are given a platform to present their abilities.

Whenever visitors, volunteers, donors or community members visit our learning centres, children eagerly share what they have learned. They proudly:

- Display their drawings, paintings and craftwork
- Explain the ideas behind their creations
- Recite poems
- Narrate stories
- Solve mathematics problems
- Perform songs and dances
- Present skits and role plays
- Speak about their dreams and aspirations



A Festival of Colour — Arjun's Diwali Drawings

Arjun, one of our young artists, with three works made for Diwali: a glowing diya, Maa Laxmi seated on a lotus, and a festive Diwali night. His drawings were displayed and celebrated at the learning centre.

Art exhibitions, classroom displays and cultural presentations allow children to see their work treated with dignity and appreciation.

The applause they receive is more than praise. It communicates a powerful message:

***You matter.
Your imagination matters.
Your voice matters.
Your talent matters.***

Teachers feel proud of their progress. Parents discover abilities they may never have noticed before. Visitors leave inspired. Most importantly, children experience the joy of being recognised.

For many, this becomes a turning point. They stop hiding their abilities and begin celebrating who they are and who they can become.

Festivals, Classrooms & Everyday Creativity

Making Learning Joyful Every Day

Talent development at Pehal Sanstha is not restricted to annual functions or special events. Creativity is integrated into everyday learning.

Festivals become opportunities for children to create decorations, greeting cards, rangoli designs, wall hangings, puppets, posters and cultural artwork.

Classroom lessons are supported through charts, models, visual projects, educational games, storytelling and activity-based learning. Children may create science models, mathematical shapes, vocabulary cards, maps, diagrams and theme-based displays.

This approach transforms the classroom from a place of passive instruction into an active space for exploration.

Children are not merely asked to memorise—they are encouraged to observe, question, design, build and present.

Through these experiences, they understand that success cannot be measured only by marks. Every child has a different strength, and every strength deserves encouragement and a platform to grow.

A Future Shaped by Creativity

Every activity conducted under the Hunar Programme serves a larger purpose—to help individuals understand that their circumstances do not determine their capabilities.

- Art teaches children to imagine.
- Craft teaches them to create.
- Performance teaches them to express.
- Teamwork teaches them to collaborate.
- Appreciation teaches them to believe.

Through these experiences, children learn that creativity is not limited to paper, colours or handmade objects. It is the ability to look at a challenge differently, discover possibilities and build something meaningful from the resources available.

Talent exists in every corner of society. Our responsibility is to create spaces where it can be discovered, nurtured and transformed into confidence, dignity and self-reliance.

Be the Reason a Dream Takes Shape

Every child deserves more than access to education. They deserve colours with which to imagine, materials with which to create, a stage on which to perform and mentors who believe in their abilities.

Your support helps us provide:

- Art and craft materials
- Drawing and painting supplies
- Creative learning projects
- Cultural and stage activities
- Life-skills and personality-development sessions
- Mentorship and confidence-building workshops
- Opportunities to display and present children's work
- A safe and nurturing environment for self-expression

A donation is not simply a contribution towards materials.

It may become the first paintbrush a child ever holds. The first artwork they proudly display. The first stage on which they perform. The first moment they realise that their ideas are valuable.

When you support creativity, you help children develop confidence, character, imagination and hope. You help them move beyond the limitations of their circumstances and begin designing a future of their own.

Join us in ensuring that no talent remains hidden, no imagination goes unexplored and no child is denied the opportunity to create, express and shine.

Pehal Sanstha
Nurturing Creativity. Building Confidence. Creating Futures.