

PEHAL SANSTHA

EDUCATION PROGRAMME

Shiksha Se Samman Tak

Empowering children in urban slum communities through learning, protection and opportunity

“Education is not a privilege. It is a fundamental right.”

PEHAL SANSTHA

Transforming lives through education, nutrition and care

Contents

Introduction.....	3
Educational Challenges Where We Work.....	4
Why These Challenges Matter.....	6
A. Baal Aarambh — Pre-School Programme.....	7
B. Bal Udaan — Foundation Learning (Classes 1-5).....	9
C. Bal Disha — Future Leaders Programme (Class 6 and Above).....	10
D. Bal Lakshya — Board Examination Support Programme.....	12
E. Government School Collaboration.....	14
F. School Enrolment & Retention Campaign.....	14
Be the Reason a Child Never Gives Up on Education.....	16

Introduction

Children growing up in urban slum communities face barriers that extend far beyond the classroom. Many live in densely populated settlements where families survive on irregular daily wages, homes are overcrowded, basic services are uncertain, and a quiet or safe place to study is often unavailable. Poverty, migration, family instability, poor nutrition, gender discrimination and limited access to quality public services can affect every part of a child's development.

For these children, school enrolment alone does not guarantee education. A child may be enrolled but attend irregularly because the family relocates, a parent loses work, a younger sibling needs care, or the child is expected to help earn an income. Others struggle because they have no books, digital device, internet access or adult support at home. Repeated absence and weak foundational learning gradually make lessons harder, confidence lower and dropout more likely.

In urban slums, childhood can quickly become overshadowed by survival. Children who should be learning may be pushed towards street vending, domestic work, small workshops, waste collection, family businesses or household responsibilities. Adolescent girls may face additional barriers linked to safety, domestic duties and early marriage. Without timely academic and emotional support, a temporary learning gap can become permanent exclusion from education.

Our Belief

Every child deserves the opportunity to learn, grow and dream, regardless of the lane they live in, the income their family earns or the circumstances into which they were born.

Educational Challenges Where We Work

The following state-level indicators from Uttar Pradesh, Bihar and Rajasthan reflect the wider conditions of poverty, child labour and weak foundational learning. For children living in urban slums, these challenges are often intensified by migration, insecure housing, overcrowding, limited learning resources and unstable family income.

Indicator	Uttar Pradesh	Bihar	Rajasthan
People living in multidimensional poverty	22.9%	33.8%	15.3%
Child workers (5–14 years)	8,96,301	4,51,590	2,52,338
Children (2–4 years) attending pre-school	30.4%	42.9%	38.2%
Women with 10+ years of schooling	42.5%	33.1%	33.7%
Std II children who can read words	44.4%	30.6%	21.4%
Std II children who can recognise numbers up to 99	41.8%	40.1%	19.9%



Fig. 1 — Challenges faced by children in urban slum communities

What Multidimensional Poverty Looks Like in Urban Slums

- Education deprivation: irregular attendance, weak foundational skills, lack of books, limited digital access and parents who may be unable to support schoolwork.
- Health deprivation: poor nutrition, recurring illness, unsafe water, inadequate sanitation and delayed access to healthcare.
- Living-standard deprivation: cramped one-room homes, insecure electricity, unsafe surroundings, lack of clean cooking fuel and little or no space for study or play.
- Economic insecurity: dependence on daily wages, unstable employment, debt and the constant risk that children may be asked to work or manage household responsibilities.
- Social vulnerability: migration, lack of continuity in schooling, gender-based restrictions, safety concerns and weak access to formal support systems.

Why These Challenges Matter

Behind every statistic is a child with ability, curiosity and dreams. Yet children in urban slum communities often begin school already carrying disadvantages that other children do not face. They may enter classrooms without pre-school exposure, struggle to recognise letters or numbers, miss lessons because of family movement, and return to homes where there is neither time nor space for revision.

When families are struggling to pay for food, rent, medicines and transport, education can appear to be a cost rather than a pathway out of poverty. A child who falls behind may be labelled weak, lose confidence and stop attending regularly. Over time, school dropout, child labour, exploitation and early marriage become real risks.

This is where Pehal Sanstha steps in.

Through free learning resources, remedial education, activity-based teaching, academic mentoring, school enrolment support and continuous encouragement, we help children remain connected to learning. We work not only to improve marks, but also to rebuild confidence, protect childhood and create pathways towards independence.

Education Breaks the Cycle

Every child who stays in school is one child less vulnerable to child labour, exploitation, early marriage and intergenerational poverty.

PROGRAMME A

Baal Aarambh — Pre-School Programme

Play-based learning: stacking and colour activities that build fine-motor skills, focus and cooperation.



Art, craft and colouring sessions help children express themselves while strengthening hand-eye coordination.



Group games and circle time build confidence, friendship and joyful participation.



Early writing and drawing practice — the first steps towards school readiness.

Building Bright Futures from the Very First Step

The early years of a child's life shape language, confidence, behaviour and readiness for school. However, many young children in urban slums grow up in overcrowded homes with limited space for play, few age-appropriate books or toys, and little exposure to structured early learning. Parents working long or irregular hours may have limited time to engage them in rhymes, stories or school-readiness activities.

Some children spend the day with older siblings or neighbours while parents work. Others enter primary school without having attended pre-school, making it difficult to follow classroom routines, communicate confidently or understand basic concepts.

Through our Baal Aarambh Programme, Pehal Sanstha provides children aged 2.5 to 6 years with a safe, joyful and stimulating learning environment. We use play-based methods so that learning begins with curiosity rather than pressure.

How Children Learn



Removing the Cost Barrier

Parents are not asked to purchase books, workbooks, worksheets, colours or basic learning material. We provide these resources so that a family's financial condition does not decide whether a child can participate.

At Baal Aarambh, every new word, completed worksheet and confident smile is a first step towards school readiness. We are not simply preparing children for admission; we are nurturing curious, joyful learners who believe that education belongs to them.

PROGRAMME B

Bal Udaan — Foundation Learning (Classes 1–5)

Foundation learning in progress — children from Classes 1 to 5 at a Pehal learning centre.



Small-group reading and writing practice with individual guidance and patient explanation.

Learning Gaps Before They Become Permanent

Children enrolled in nearby government schools often carry serious learning gaps. Irregular attendance, overcrowded classrooms, limited individual attention and weak pre-school foundations can leave a child unable to read a simple sentence or solve basic numerical problems even after several years of schooling.

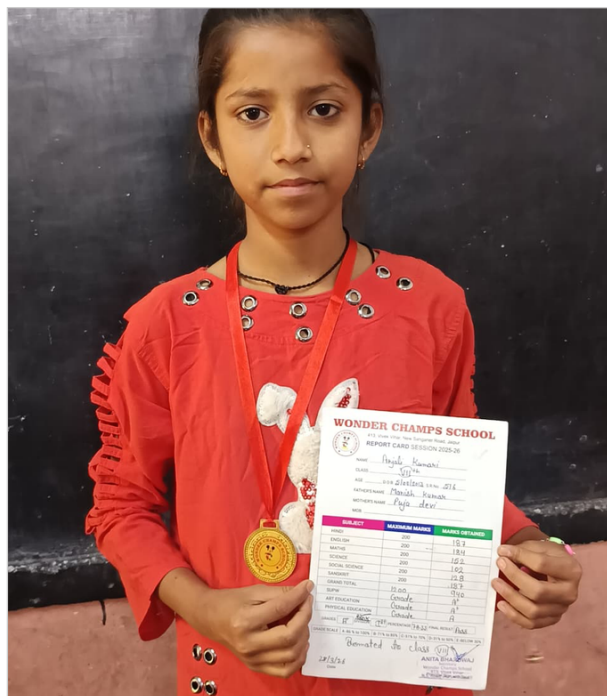
The challenge continues at home. Many children live in one-room houses shared by the entire family, with noise, poor lighting and no table or quiet corner for study. Parents may have limited formal education, and smartphones—when available—are often shared among several family members. As a result, homework and revision become difficult.

Through our Foundation Learning Programme, children from Classes 1 to 5 receive regular academic support, individual guidance and patient explanations. We focus on reading, writing, numeracy, comprehension, confidence building and activity-based learning.

Making Learning Accessible and Enjoyable

When children understand what they are learning, they begin to attend more regularly, participate more confidently and believe in their own ability. For us, foundational education is not only about textbooks—it is about preventing a child from being left behind.

PROGRAMME C

Bal Disha — Future Leaders Programme (Class 6 and Above)

Results that build belief — a Pehal student with her annual report card and merit medal.



Learning beyond textbooks: activity-based sessions that strengthen curiosity and confidence.

Protecting Aspirations During the Most Vulnerable Years

As children grow older, the pressure to leave education often increases. In families dependent on irregular daily wages, adolescents may be expected to contribute to household income, care for younger siblings, manage domestic work or assist in family occupations.

Boys may be pushed towards shops, workshops, street vending, delivery work, waste collection or other informal labour. Girls may carry a disproportionate burden of household responsibilities and may also face safety concerns or pressure for early marriage. Exam expenses, transport costs, uniforms, digital access and weak academic foundations can make continuing education feel increasingly difficult.

These children still dream of becoming teachers, doctors, engineers, police officers, artists, entrepreneurs and responsible professionals. Their aspirations do not disappear because of poverty—but without guidance and support, the opportunity to pursue them can.

Through our Future Leaders Programme, we support students from Class 6 onwards with academic guidance, personalised mentoring, career counselling and continuous motivation. Our educators help students overcome learning difficulties, strengthen critical thinking and problem-solving skills, set meaningful goals and remain connected to their education.

The programme also focuses on improving subject knowledge, communication skills, digital literacy, leadership qualities and independent thinking. Students receive support with homework, examinations, concept revision and time management so that they can study with greater confidence and discipline.

Through interactive discussions, group activities, presentations, quizzes and practical learning exercises, we encourage students to ask questions, express their ideas and participate actively. Regular mentoring sessions help them manage academic pressure, overcome fear of failure and develop a positive attitude towards learning.

We introduce students to different career options, educational pathways, scholarships and vocational opportunities so that they can make informed choices about their future. Career-awareness sessions and individual counselling help them understand their strengths, interests and abilities while encouraging them to dream beyond the limitations of their circumstances.

The programme also develops essential life skills such as decision-making, teamwork, communication, emotional resilience, financial awareness, personal safety and responsible use of technology. These skills prepare students not only for examinations but also for the challenges of higher education, employment and everyday life.

We closely track attendance and academic progress to identify students who may be at risk of falling behind or dropping out. Our educators provide timely remedial support, emotional encouragement and regular follow-up with families to ensure that financial hardship, household responsibilities or temporary learning gaps do not permanently interrupt a child's education.

By building confidence, strengthening academic foundations and providing continuous guidance, the Future Leaders Programme helps students remain in school, pursue higher education and move towards becoming capable, independent and responsible young adults.

Working with Families

We engage parents and guardians with empathy, recognising the economic pressures they face. By explaining the long-term value of education, we encourage families to see schooling not as an immediate expense, but as an investment in a child's independence and the family's future.

Books, Not Burdens

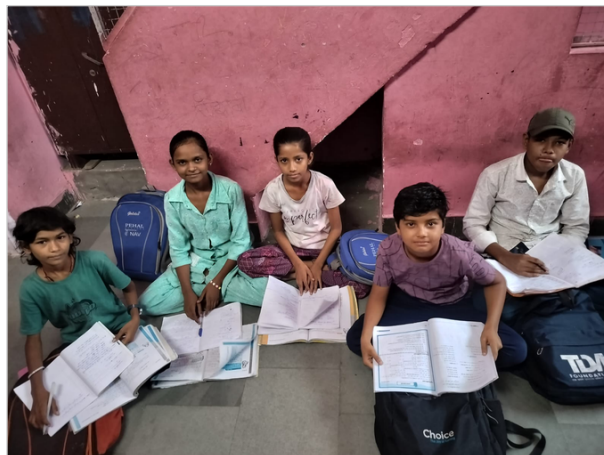
Your support can make the difference between a child carrying schoolbooks and carrying the burden of earning at an age when they should be learning.

Every adolescent who stays in school is one step further from child labour, exploitation, early marriage and the cycle of poverty—and one step closer to becoming a confident, independent and responsible citizen.

PROGRAMME D

Bal Lakshya — Board Examination Support Programme

Senior students preparing for the Rajasthan Board examinations with regular academic guidance.



Structured revision, practice and doubt-clearing sessions held within the community.

Classes 5, 8 and 10 • Rajasthan Board

Students appearing in the Rajasthan Board examinations often face increased academic pressure, extensive syllabi and difficulty understanding important concepts. For children from economically disadvantaged families, these challenges become even greater because they may not have access to private tuition, reference books, digital learning resources or academic support at home.

Through our Board Examination Support Programme, experienced faculty members provide comprehensive teaching support to students of Classes 5, 8 and 10 across all major subjects. While ensuring complete syllabus coverage, our primary emphasis is on concept clarification, helping students understand the reasoning behind each topic rather than relying only on memorisation.

Our educators explain difficult concepts through simple language, practical examples, diagrams, demonstrations and repeated practice. Students are encouraged to ask questions freely, clear their doubts and revisit topics until they develop a confident understanding.

The Programme Includes

- Comprehensive teaching and revision of all subjects according to the Rajasthan Board curriculum.
- Special focus on concept clarification and strengthening weak foundational areas.
- Chapter-wise explanations, summaries and structured revision plans.
- Individual doubt-clearing and remedial-support sessions.
- Regular worksheets, assignments and question-practice exercises.
- Preparation through previous years' papers, sample papers and expected question formats.

- Periodic tests and mock examinations conducted in a board-exam environment.
- Detailed feedback to help students identify mistakes and improve their performance.
- Guidance on answer presentation, stepwise writing, diagrams and proper use of examination time.
- Additional support for students who have missed classes or are academically behind.
- Stress-management, confidence-building and continuous motivation before examinations.
- Regular communication with parents regarding attendance, progress and areas requiring improvement.

Our objective is not merely to help students pass their examinations. We aim to build strong subject knowledge, remove the fear of difficult concepts and prepare every learner to approach examinations with confidence, discipline and a clear understanding of the curriculum.

By providing free and structured academic support, we ensure that a child's board-examination performance is not determined by the family's ability to afford private coaching. Every student deserves the guidance, resources and encouragement required to succeed and continue their educational journey.

Clear Concepts. Confident Students. Better Results.

The Board Examination Support Programme is currently conducted at two locations—BSN School, Jaipur, and Government School, Katewa Nagar. By organising classes at both premises, we are able to reach more students and provide them with regular, accessible and structured academic support within their communities. At each centre, our faculty teaches all major subjects with special emphasis on concept clarification, doubt resolution, syllabus completion, revision and examination preparation.

PROGRAMME E

Government School Collaboration

Strengthening Government Schools, One Classroom at a Time

Most children in urban slum communities depend on government schools. These schools play a critical role, yet many teachers must manage crowded classrooms containing children with widely different learning levels, attendance patterns and home environments.

A child who has missed weeks of school due to migration may sit beside a child who attends regularly but receives no help at home. Teachers often have limited time and resources to provide the repeated explanations, practice and individual attention that struggling learners need.

Pehal Sanstha believes that sustainable change comes from strengthening the existing public education system rather than creating a parallel one. Through our collaboration with BSN Government School, Jaipur, we work alongside students and educators to improve foundational learning and make classrooms more inclusive, interactive and accessible.

Our Classroom Support Includes

- Interactive worksheets and ready-to-use teaching-learning material.
- Storytelling, educational games and practical demonstrations.
- Activity-based methods that simplify difficult concepts.
- Remedial support for children who have fallen behind.
- Individual guidance, doubt-clearing and encouragement to participate.
- Support that complements teachers' efforts and helps address mixed learning levels.

Our aim is not only to improve examination performance. We help children build knowledge, confidence, critical thinking and a lifelong interest in learning. Every strengthened classroom brings quality education closer to children whose circumstances have placed it furthest from reach.

PROGRAMME F

School Enrolment & Retention Campaign

Finding Every Child and Helping Them Stay in School

For children in urban slums, entering school can itself be difficult—and staying in school can be even harder. Families may relocate frequently due to rent, eviction, demolition, migration or changes in employment. Some children miss admission cycles, lose continuity between schools or remain out of school because parents are unfamiliar with procedures or overwhelmed by immediate survival needs.

Even after enrolment, irregular attendance may continue because of child labour, sibling care, domestic responsibilities, illness, unsafe travel, family migration or the need to accompany parents to work. A child who repeatedly misses lessons soon develops learning gaps, feels embarrassed in class and may eventually stop attending altogether.

Through our School Enrolment & Retention Campaign, Pehal Sanstha works to identify children who are out of school or at risk of dropping out and reconnect them with education.

How We Work

- Door-to-door visits and community outreach in vulnerable neighbourhoods.
- Identification of out-of-school children and children with irregular attendance.
- Conversations with parents to understand financial, social and practical barriers.
- Guidance and encouragement to help families prioritise school enrolment and continuity.
- Academic and emotional support that helps children catch up after absence.
- Regular motivation, activity-based learning and personal attention to rebuild confidence.

Enrolment is only the beginning. Children remain in school when they feel capable, supported and hopeful. By building trust with families and creating a strong connection between home, community and school, we help children continue their learning journey.

A New Beginning

Every child who enters a classroom represents a new beginning. Every child who remains in school is a step towards breaking the cycle of poverty, illiteracy and inequality.

Be the Reason a Child Never Gives Up on Education

For a child living in an urban slum, the absence of a notebook, a quiet study space or timely academic support can become the reason for falling behind. What begins as a small learning gap can grow into repeated failure, irregular attendance, dropout and pressure to work.

At Pehal Sanstha, every worksheet we design, every workbook we distribute, every classroom we support and every child we mentor is part of a larger effort to protect childhood and keep education within reach.

Your Support Helps Us Provide

- Free books, workbooks, worksheets, stationery and learning material.
- Qualified educators and regular remedial classes.
- Play-based early childhood education and school-readiness support.
- Activity-based and digital learning for better understanding.
- Individual mentoring, confidence building and career guidance.
- School enrolment, retention and community awareness support.
- A safe and encouraging learning environment where children are treated with dignity.

Education is more than reading and writing. It is protection from exploitation, a pathway away from child labour, the confidence to make choices and the foundation of long-term independence.

Your contribution can help a child choose a classroom over labour, a workbook over worry and a future of possibilities over a childhood limited by poverty.

“One child. One classroom. One future at a time.”

Join Pehal Sanstha in taking education from access to dignity — Shiksha Se Samman Tak.

PEHAL SANSTHA

Empowering Children Through Education, Dignity and Hope